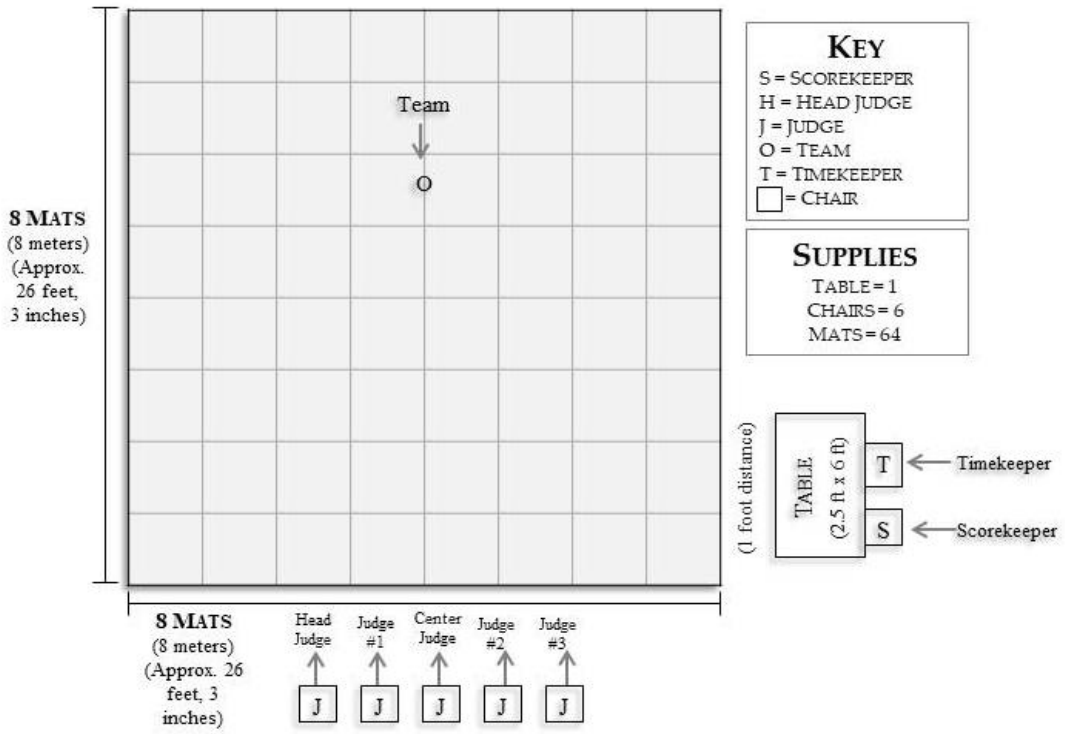
U.S. OPEN TAEKWONDO HANMADANG RULES
Updated 7/8/2019

TCFWO - TEAM CREATIVE FORMS (POOMSAE) WITHOUT WEAPONS
(2-10 PARTICIPANTS. NO AGE REQUIREMENT. ALL BELTS.)
(Each team must select a team captain and team name.)

Team Creative Forms (Poomsae With or Without Weapons) Diagram (Not to Scale)



1. Base Points - Each team always begins with 50 points.

2. Music is HIGHLY ENCOURAGED and must be uploaded on the registration site. (Please bring a backup file on a music player or USB drive.) All music must be suitable for a family environment; no explicit lyrics.

3. Props are allowed and must be appropriate for a family environment. (For example, a hat is allowed. NO weapons are allowed.) Breaking boards ARE considered a prop and are acceptable. Board fragments ARE allowed. ALL props must be provided by the participant and cannot pose a safety risk to the participant or the audience. Absolutely NO Pryotechnics, fireworks (including poppers), or flame breaks. Confetti, glitter or similar product is prohibited. Chairs and trampolines are prohibited. Flowers and fruit are acceptable.

4. The following will complete each team's score:
   a. <u>Correct Execution of Each Technique</u> (10 points)
      i. Posture - correct stances (For example, is it a correct forward stance - is it too long or too narrow?)
      ii. Accuracy of Each Hand Technique – In addition to the technique, setting hands properly for blocks and strikes, as well as following the correct path and finishing in the correct place

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iii. Speed and Power of Each Hand Technique

b. Taekwondo Spirit (10 points)
   i. Kihap – confidence
   ii. Attitude and Etiquette – as soon as the Team's name is called to enter the ring for your competition.

NOTE: In general, each participant's uniform should be clean and pressed, and the belt should be tied correctly. However, the Organizing Committee understands that this is an "Open" tournament and there are various interpretations/standards for belt tying, etc. that are specific to each martial art school/style. Therefore, how the belt is tied and the uniform will not be considered in any score.

c. Compulsory Techniques (10 points)
   i. Execution of the *minimum* number of kicks (additional types and number of kicks are allowed):
      1. 2 Front Snap Kicks (any variation of Front Snap Kicks, Ap Chagi)
      2. 2 Roundhouse Kicks (any variation of Roundhouse Kicks, Ap Dollyo Chagi)
      3. 2 Side Kicks (any variation of Side Kicks, Yeop Chagi)
   ii. Execution of Each Kicking Technique. ALL of the team members MUST perform all of the above minimum 6 kicks. One (1) or more of the team members MAY execute additional kicks beyond the required minimum 6 kicks. The Unity of the above minimum kicks will ONLY be scored in the "Unity of Team Performance" Score.

The quality of all kicks in the entire poomsae are ALSO being scored in this category .
   1. More advanced kicks will result in a higher score. FOR EXAMPLE: A double front snap kick in the air will be a higher score than 2 standing front snap kicks.

NOTE: In the scoring category of "Correct Execution of Each Technique" it does contain "Accuracy of Each Kicking Technique - correct form, height and power of kick". This will remain in the "Correct Execution of Each Technique" and the kicks will ALSO be scored in "Compulsory Techniques"

d. Creativity (10 points)
   i. Composition of choreography
   ii. Creativity of entire routine
   iii. Degree of Difficulty

e. Unity of Team Performance (10 points)
   i. Team synchronization
   ii. Movements should be executed by each team member at the same time. However, team members may be facing different directions. Unintentional movements out of synchronization with other team members will result in a lower score. Intentional movements out of synchronization (for example, an "echo" movement) will NOT result in a lower score.

5. Deductions
   a. Team member crosses outside of the 8 meter x 8 meter ring (1 point deduction for each occurrence)
   b. Team exceeds the 90-second time limit (1 point deduction for every 10 seconds over time limit)
   c. Too many or too few team members (1 point deduction)
   d. Unsportsmanlike conduct (1 point deduction)
   e. Team fails to perform required techniques (1 point deduction for each kick omitted)
      For example, 1 Front Snap Kick instead of 2 (1 point deduction) No Front Snap Kicks (2 point deduction)

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6. Tiebreaker
    a. In the event of a tie for 1st place only (If there is a tie for 2nd or 3rd place there will be multiple 2nd and 3rd places awarded) – teams will perform poomsae one additional time. Judges will rescore. If there is still a tie, there will be two 1st places awarded

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Frequently Asked Questions and Information

1. What guidelines will be used for judging?

TAEKWONDO – All judging will follow Kukkiwon guidelines.

ARCHERY & KNIFE THROWING – All judging is outlined in the rules for each event below.

2. What is the required uniform to participate?

TAEKWONDO - Any Martial Art Uniform in any color is acceptable. Belt representing rank is required and should be tied neatly and evenly.

ARCHERY & KNIFE THROWING – There is no martial art uniform required to participate. All clothing must be appropriate for a family environment.

3. Can participants wear shoes?

TAEKWONDO - Shoes are **NOT** allowed for any events. However, if shoes are medically required, please bring a written doctor's note that states shoes are required for participation. This note will need to be submitted to the Holding Area Manager prior to your event.

ARCHERY & KNIFE THROWING – Yes

4. ARCHERY & KNIFE THROWING – Can I wear a protective glove during competition?

Yes

5. What are the age divisions and participant gender specifications?

TAEKWONDO and ARCHERY & KNIFE THROWING - Age should be determined as of Thursday, July 25, 2019. The age divisions are listed below.

TAEKWONDO DIVISIONS

Age	Division Name
3-7 years old	Pee Wee
8-9 years old	Child
10-12 years old	Pre-Teen
13-17 years old	Teen
18-30 years old	Adult
31-45 years old	Senior
46-54 years old	Executive
55+ years old	Platinum

All Taekwondo events will be separated into **MALE** and **FEMALE** with the exception of the following:

a. Taekwondo - Team Traditional Forms
b. Taekwondo - Team Creative Forms WITH Weapons
c. Taekwondo - Team Creative Forms WITHOUT Weapons
d. Taekwondo - Team Demonstration

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6. How many participants will be in each division?

TAEKWONDO and ARCHERY & KNIFE THROWING - The Organizing Committee will divide divisions to be as fair as possible for all participants with the discretion to create divisions outside these guidelines, if necessary. Each division will have a maximum of 8 participants. Gold, Silver and Bronze medals will be awarded to 1st, 2nd, and 3rd place. The remaining participants in the divisions will receive a "Best Spirit" medal. In addition to a medal, each participant will receive an AWARD CERTIFICATE that will display the event name and place. (TAEKWONDO example: John Smith, Individual Traditional Forms, 7 and under, 1st Geup, 1st place)

TAEKWONDO ONLY - All RECORD KEEPING events (listed below) will **NOT** have a maximum of 8 per division. Each division will be broken down by age and belt level and MAY have more than 8 per division. For example, the Child's division (age 8-9) 1st Poom has 16 participants registered. It will ONLY be ONE division of 16 participants. First, second and third place medals will be awarded. The remaining 13 participants will receive "Best Spirit" award medals.

1. Individual Jumping High Kick
2. Individual Power Breaking Knife Hand (Downward)
3. Individual Power Breaking Skipping Side Kick
4. Individual Power Breaking Turning Back Kick
5. Individual Spinning Hook Kick
6. Championship Team Demonstration
7. Recreational Team Demonstration

7. Is there a maximum number of events for each participant?

TAEKWONDO and ARCHERY & KNIFE THROWING - There is NOT a maximum number of events a person can participate in. However, a person cannot register for the same event more than once. (For example, a participant CANNOT be on 2 Team Traditional Forms teams.) The more events a person participates in, the more likely the chance of scheduling conflicts. The Organizing Committee will work hard to ensure participants will not be scheduled to perform in 2 separate events at the same time.

8. What happens if I do not show up to the Holding area when I am called to compete?

Participants are required to go to the Holding Area when his or her division is close to being called to the competition floor to compete. The participant will be called a maximum of three (3) times to appear in the Holding Area. If a participant does not appear in the Holding Area after the maximum of three (3) times to appear, the participant will be disqualified from the competition with no refund. The only exception to this is if the participant is already on the competition floor competing in a different division. Participants are strongly encouraged to download the U.S. Open Taekwondo Hanmadang mobile app and check their division status regularly to avoid any problems.

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9. TAEKWONDO - What does the term "Geup" mean and what is my "Geup"?

TAEKWONDO ONLY - Geup is a taekwondo term used for belt ranks. Rather than say "Yellow Belt", a person would say "9th Geup". Typically, the lower the Geup, the closer the person is to 1st-Degree Black Belt. (For example, a 1st Geup is the level before 1st-Degree Black Belt.) ***Each participant should speak with his or her Master Instructor to determine their Geup level***. Each taekwondo school has a unique belt ranking system.

A **SAMPLE** Geup conversion chart is listed below. However, this chart is NOT intended to serve as a universal chart. ***Each participant should speak with his or her Master Instructor***.

	Belt Color	Geup
1	Black Belt Eligible	1st
2	Bo Dan 2	1st
3	Bo Dan 1	1st
4	Red Senior 2	2nd
5	Red Senior 1	2nd
6	Red	3rd
7	Brown Senior	3rd
8	Brown	4th
9	Blue	5th
10	Purple	6th
11	Green	7th
12	Orange	8th
13	Yellow	8th
14	White	9th

If you are participating in individual traditional forms, please check the event rule page to confirm which Kukkiwon form you will be performing.

10. ARCHERY & KNIFE THROWING – What does "Beginner – 12 months and under," etc. mean?

ARCHERY & KNIFE THROWING ONLY – Archery and Knife Throwing do not have a traditional ranking system like Martial arts. The level of the archer or thrower is determined by the number of months the archer or thrower has been training/practicing archery.

For example, a "Beginner – 12 months and under," is a participant who has trained in archery for 12 months or under.

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11. What are the different codes and what do they mean?

Each event is abbreviated with a different code. The codes are below.

CODE	TAEKWONDO EVENTS
ICB	Individual Creative Breaking
ICBP	Individual Creative Breaking Para
IJH	Individual Jumping High Kick
IPKH	Individual Power Knife Hand
IPSSK	Individual Power Skipping Side Kick
IPBK	Individual Power Back Kick
ISHK	Individual Spin Hook Kick
ITF	Individual Traditional Forms
ITFP	Individual Traditional Forms Para
TTF	Team Traditional Forms
ICFWO	Individual Creative Forms without Weapons
ICFWW	Individual Creative Forms with Weapons
TCFWO	Team Creative Forms without Weapons
TCFWW	Team Creative Forms with Weapons
CODE	**ARCHERY EVENTS**
IAST	Individual Archery – Stationary Target
IADST	Individual Archery – Distance Stationary Target
IADS	Individual Archery – Dynamic Shooting
CODE	**KNIFE THROWING EVENTS**
IKTHT	Individual Knife Throwing – Half Turn
IKTFT	Individual Knife Throwing – Full Turn

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12. What do the different division numbers mean?

The first number of the division indicates the ring that the participant will be competing in. For example, Division 104 will be held in Ring 1.

13. TAEKWONDO ONLY - Will there be pairs and family forms events?

All pairs (2 team members) and family forms teams will need to register under "Team Traditional Forms". The Organizing Committee will create divisions accordingly. (For example, in general, pairs will be participating with pairs, and families will be participating with families.) The Organizing Committee will divide divisions to be as fair as possible for all participants with the discretion to create divisions outside of these guidelines. If your team is a family, we encourage you to indicate that in your "team name". (For example, Smith Family Tigers)

A participant can only participate in 1 (one) Team Traditional Forms Event. For example, a participant cannot be in a Team Traditional Forms Team as a "Pair" and a Team Traditional Forms Team as a "Family". The participant can only register one time in the Team Traditional Forms Category.

This same rule applies for Team Creative Forms. This distinction is made to ensure a smooth flow with the schedule of events. In previous years, a participant was expected to be in 2 rings at the same time (participating in Pairs Forms and Family Forms). To prevent this situation, each participant can ONLY participate in 1 team event at a time.

14. TAEKWONDO ONLY - My Team Traditional Forms team has participants with different ranks. What Form do we need to perform?

Your team should perform the form for the LOWEST belt rank. For example, the team has 3 members: two are 1st Dan Black Belts, and the third member is a 1st Geup. The entire team should perform Taegeuk Pal Jang (8), NOT Koryo.

15. TAEKWONDO ONLY - Is there a prize for Championship Team Demo?

Yes! There will be some prize money that will be awarded by the Champions Education Fund. The amounts will be announced soon. Please check the website www.usopentkd.com for updates.

In addition, the winning team for Championship Team Demo Division Only will perform during the Opening Ceremonies on Friday, July 26, 2019 from 6:00 - 7:30 PM.

16. TAEKWONDO ONLY– What is the difference between "Championship Team Demonstration" and "Recreational Team Demonstration"?

The rules and guidelines for competition for both events **are different**. Please see official rules for complete details. Some of the major differences are:

1. The 1st place team in the Championship Team Demonstration division is the ONLY winning team that will perform during the Opening Ceremonies on Friday, July 26, 2019. The 1st place team from Recreational Team Demonstration will NOT perform at the Opening Ceremonies.
2. For Recreational Team Demonstration, a minimum of five (5) team members MUST be age 12 or under. In Championship Team Demonstration, there are NO age requirements.

17. TAEKWONDO ONLY – Can I compete in both "Championship Team Demonstration" and "Recreational Team Demonstration"?

Yes, these are different events and are held on separate days. Championship Team Demonstration will be held on Friday, July 26, 2019 and Recreational Team Demonstration will be held on Saturday, July 27, 2019.

18. Where will the ARCHERY & KNIFE THROWING Events take place?

The Cheyenne Mountain State Park Archery Range (Just west off of CO -115 across from the Fort Carson Entrance). 410 JL Ranch Heights Road. Colorado Springs, CO 80926. Tel: 719-576-2016

This range is NOT on the military base. Therefore, you will NOT need security clearance to enter the range.

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19. Can I participate in ARCHERY & KNIFE THROWING if I do NOT train in Martial Arts?

Yes

20. What do I need to bring to Participant Check-In?

Upon completion of your online registration, you will receive an email confirmation with all your events. You MUST bring the email and identification with you to pick up your participant badge.

If you are participating in Archery and/or Knife throwing, your participant badge will be at the Cheyenne Mountain State Park Archery Range. This INCLUDES if you are also participating in a Taekwondo Event. If there is an issue with your badge or events for Taekwondo, trouble-shooting must be done at the Hotel Elegante Hotel. There will be NO Taekwondo event support at the Cheyenne Mountain State Park Archery Range.

If a participant is participating in both an ARCHERY & KNIFE THROWING event AND a Taekwondo event, the participant will receive 1 badge. The badge, participant bag, and any other pre-order items will be at the ARCHERY RANGE ONLY.

If a participant is participating in TAEKWONDO EVENTS ONLY, the badge, participant bag and any pre-order items will be at the Hotel Elegante.

ARCHERY & KNIFE THROWING
Participant Check-In will take place on Thursday, July 25 from 11:00 AM to 12:00 PM.
All ARCHERY & KNIFE THROWING competitions will take place from 12:00 PM – 5:00 PM.

21. Can someone else pick up my Participant badge?

It is highly DISCOURAGED to have someone pick up your badge. Upon pick up, you will be requested to sign a document verifying all events are correct and CANNOT be changed. (Changes will ONLY be made if there was an error by the Organizing Committee. Changes will NOT be made if a participant simply changes their mind on event(s) to participate in). Anyone who signs on your behalf will be acknowledging all event registrations are correct and CANNOT be changed. If a Master Instructor or School Owner picks up badges for participants, the Master Instructor or School Owner MUST bring the email confirmation page and sign the document that all event registrations are correct.

22. What happens if I lose my participant badge?

Badges can be re-printed at the Participant Check-In area for a $10 re-print fee.

23. What is the Headquarters Hotel?

The Hotel Elegante is the Headquarters Hotel, which is located at 2886 S Circle Drive in Colorado Springs. The Hotel Elegante is a 3.5 star hotel and has a negotiated discounted group rate of $135/night. Taekwondo participant badge pick-up, special seminars, Appreciation gala, and after party will take place at the Headquarters Hotel. For reservations, please go to www.usopentkd.com.

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24. Where can I obtain spectator tickets?

TAEKWONDO AND ARCHERY & KNIFE THROWING -- Participants do NOT have to pay spectator fees at either the Broadmoor World Arena (All Taekwondo Events and Opening Ceremonies) or the Archery Range.

However, all NON-participants MUST purchase a ticket for admission to the Broadmoor World Arena (Taekwondo Events and Opening Ceremonies). There are NO spectator fees for the *ARCHERY RANGE ONLY*.

Ticket Prices

Children 3 and under are FREE only if they will be sitting on someone's lap. If they require a seat, you will need to pay for an additional ticket. Unfortunately, there is NO price difference for Adult and Child tickets.

Ages 4 and above:

Friday, July 26, 2019 (Opening Ceremonies and demonstrations):
$28 (advance price)
$33 (at the door)

Saturday, July 28, 2018:
$18 (advance price)
$23 (at the door)

Tickets can be purchased online at www.usopentkd.com. You can also purchase tickets at the Box Office or over the phone. Additional $5+ per ticket fees apply for online and Box office purchases.
You can avoid the additional fees by purchasing your tickets at select Colorado Dojangs. For a complete list, please visit www.usopentkd.com

25. Is there a fee to park at the Broadmoor World Arena (Taekwondo Events and Opening Ceremonies)?

There is a fee of $10 per day per vehicle to park at the Broadmoor World Arena. There is a fee of $7 per day per vehicle to park at the Archery Range. The Organizing Committee does NOT receive any revenue from parking fees. The respective facilities retain all parking fees.

26. What are the Para-Taekwondo Events?

There will only be two para-taekwondo events: Individual Creative Board Breaking (ICBP) and Individual Traditional Forms (ITFP). There will be many sub-divisions within our para-taekwondo events.

27. May Para-Taekwondo participants utilize an aide?

Para-taekwondo participants will be allowed to have an aide, whether it be a parent, support worker, or instructor. All aides MUST registered online like any participant to sign a waiver and acquire a badge. Aides will NOT have to pay to serve in this role. Aides will need to fill out everything the same as a participant would (belt rank doesn't matter unless they are also competing themselves), and then choose the "Para-Taekwondo Aide" event as one of their choices. During checkout, please enter the code "**PARAAIDE**" which will zero out the invoice. If the Aide is also competing, the Aide will have to pay for those events.

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28. Are there coaches allowed?

In 2019 Coaches will be allowed on the competition floor. In order to receive a coaches pass there is a **fee of $125/coach**. All coaches must complete an ***abbreviated*** online Safesport review that will provided by the U.S. Open Taekwondo Hanmadang as a part of the online registration system. The cost for this review is included in the $125 coach's pass fee. There are no discounts for additional coaching passes. Coaches may only be on the competition floor when his or her athlete is on the competition floor to perform. All coaches must agree to a code of conduct. Failure to comply with the code of conduct will result in immediate revocation of the coaching pass with no refund. There are a maximum of five (5) coaching passes per Dojang. There is a tiered scale:

1. Between 1-25 athletes – maximum of 1 coach's pass
2. Between 26-50 athletes – maximum of 3 coach's passes
3. 51 and up – maximum of 5 coach's passes

Please note: During the competition for Individual Creative Board Breaking (ICB) athlete's are encouraged to provide their own holders. You do NOT need a coaching pass to be a holder. However, if you are only a holder – you CANNOT coach the student. If you intend to coach an athlete for Individual Creative Boarding Breaking you must register and purchase a coach's pass. If you are a Para Aide – you do NOT need to purchase a coach's pass.

For full details and to apply please visit www.usopentkd.com

29. Can I take pictures at the award podium?

Cell phones, cameras and camcorders are STRICTLY PROHIBITED from the award area. All cell phones, cameras, or camcorders in this area are subject to confiscation. Pictures CAN be taken from any spectator area. Pictures on the award podium are being officially recorded and taken by the event photographer. NO additional photographers can take pictures of participants while on the award podium. Any flash photography will interfere with the official event photographer, disturb the official records and slow down the process.

30. Is there a Press Pass?

There are NO press passes available. Only Participants, Referees, Organizing Committee Members, Coaches, and working volunteers will have access to the competition floor.

31. Will there be video replay available to question scores?

All scores and results are final. Video replay to question scoring is not available at the U.S. Open Taekwondo Hanmadang. If you have a question about a score you may ask to speak with a member of the Organizing Committee so questions can be directed appropriately to the Referee Chairman.

32. What is the schedule?

A schedule is available to view online at www.usopentkd.com under the "About" main menu and "Schedule of Events" submenu. The final schedule will be released after the registration deadline of Sunday July 21, 2019. A final bracket and division list will be available to view online on Wednesday, July 24, 2019.

33. Are food and drinks allowed?

NO outside food or drink is allowed in the Broadmoor World Arena. Food and drink can be purchased at the concession area in the Broadmoor World Arena

34. What is there to do in Colorado Springs?

Colorado Springs is a very tourist friendly destination. The Air Force Academy, Pikes Peak, and the U.S. Olympic Training Center are just some of the great attractions the city has to offer. For more information, please visit www.visitcos.com. The Organizing Committee is currently negotiating discounted pricing on tourist attractions. For updates, please visit www.usopentkd.com.

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