11:00 - 5:00 PM - Training Space at the Hilton Garden Inn Headquarters Hotel rental by the hour

5:00 - 8:00 PM - Special Classes by Taekwondo Olympians and National Champions - TBA Hilton Garden Inn Headquarters Hotel

2:00 - 10:00 PM - Participant Badge Pickup

FRIDAY, 7/28/23

8:00 AM - Doors Open. Ed Robson Arena

8:30 - 12:00 PM - Competition. Events TBA. Ed Robson Arena

12:00 - 1:00 PM - Lunch Break

1:00 - 5:00 PM - Competition. Events TBA. Ed Robson Arena

5:00 - 6:00 PM - Setup for Opening Ceremonies

6:00 - 7:30 PM - Opening Ceremonies and Performance by Korean Demonstration Team

SATURDAY, 7/29/23

8:00 AM - Doors Open. Ed Robson Arena

8:30 - 12:00 PM - Competition. Events TBA. Ed Robson Arena

12:00 - 1:00 PM - Lunch Break

1:00 - 6:00 PM - Competition. Events TBA. Ed Robson Arena

7:30 PM - U.S. Open Taekwondo Hanmadang Gala Dinner